



SUR MECCA

MEDICAL & HEALTH TOURISM ISTANBUL

PLASTIC, AESTHETICS, HEALTH AND WELLNESS

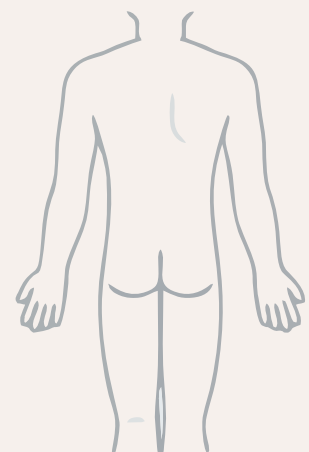
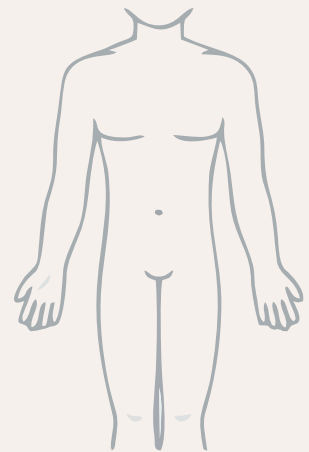
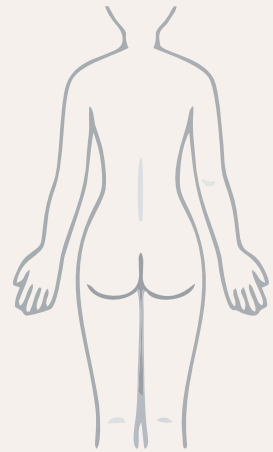
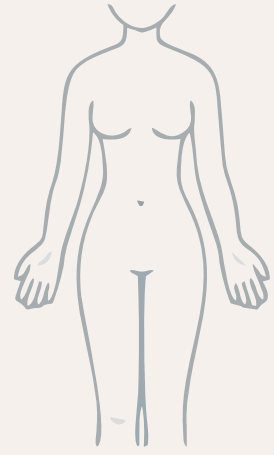


How to Take Pictures for your Consultation

Breast Surgery

- Photo should include the entire area from the neck to the waist below the belly button.
- Hair should be tied back and jewellery (earrings, necklaces, piercings, removed)
- Please only send 3 pictures: front, left side, right side.





Body

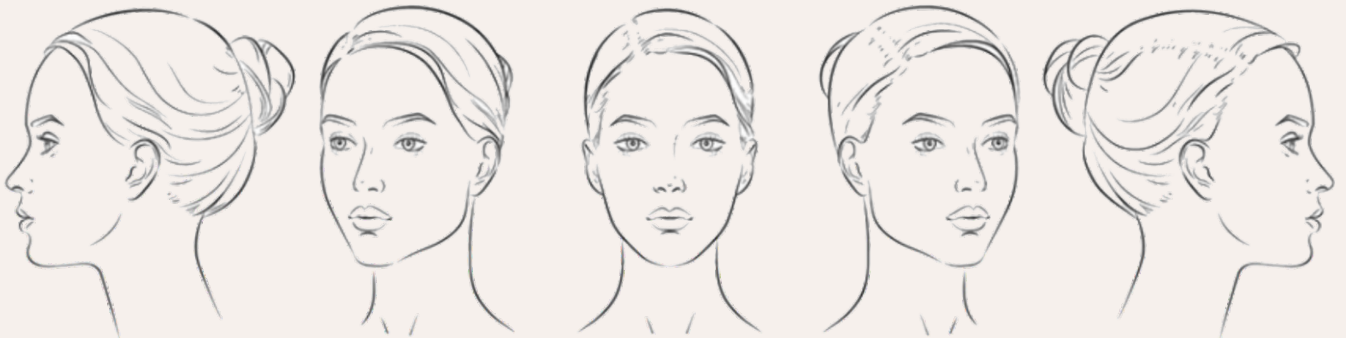
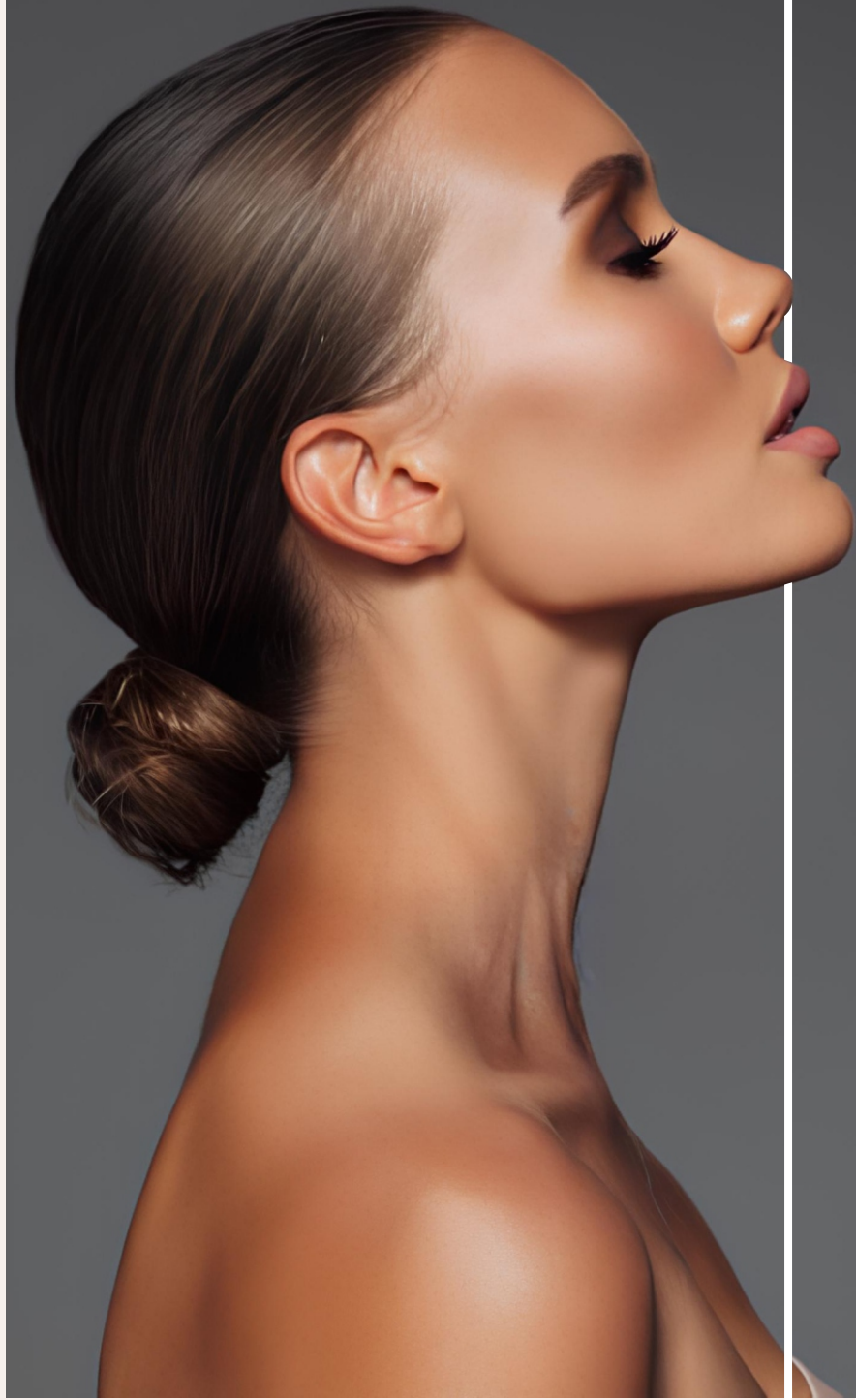
Liposuction | Tummy tuck |
Buttock lift | Leg lift

- Photos should be taken from just below your chin to your knees. The whole torso area should be visible with no undergarments obscuring the areas.
- Hands and arms should not be raised above your head as this lifts the abdomen to an unnatural position.
- Do not “suck in” the abdomen as this also creates an unnatural position. Inhale and exhale out to completely relax your abdomen.

Face Surgery

Face lift | rhinoplasty | chin liposuction | neck liposuction

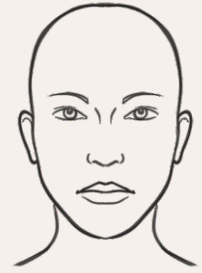
- Relaxed, looking straight forward.
- Left side and right side.
- 45 degrees, tip of nose covering your opposite cheek.
- In total 5 pictures



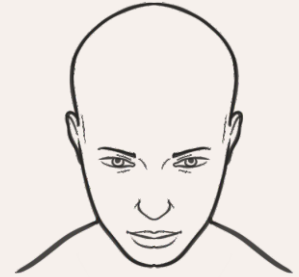
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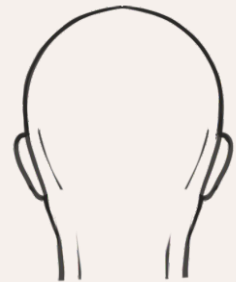
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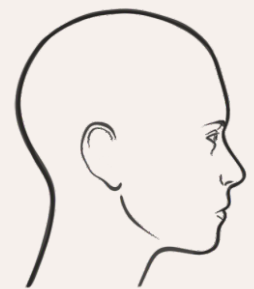
FRONT



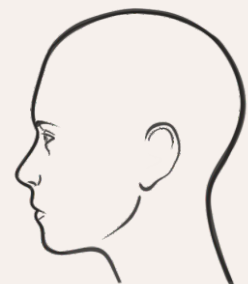
HEAD TILTED
SLIGHTY DOWN



BACK



SIDE (RIGHT)



SIDE (LEFT)

Hair Transplant

It's important to let us see the top of your head so if someone else can take the photos that can be really helpful as it can be tricky to get the angle right.

1: Keep your face relaxed as you would for a passport photo

2: In total 5 photos:

- i) front-facing
- ii) back-facing
- iii) left profile
- iv) right profile
- v) chin towards chest so we can see the top of your head



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Dental

Take 4 images as shown in diagram below, we will also require a dental x-ray.



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